

Strengthening Family Coping Resources

What's It All About?

- 15 weeks of fun, food, support, and learning
- Group meets for 2 hours every week
- Each group starts with a family dinner
- Get to know 5 other families
- Learn how rituals and routines strengthen your family
- Talk with other parents
- Focus on keeping your family safe

Information about SFCR Group

SFCR

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If Interested, Please Contact